

The Dianetic Auditor's **BULLETIN**

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The Hubbard Dianetic Research Foundation, Inc.

The Hubbard Dianetic Research Foundation, Inc.

The Foundation has been chartered in the State of New Jersey as a non-profit, scientific research, educational and charitable corporation. Its main object and purpose, as set forth in the charter, is "to study and conduct research in the field of the human mind and of human thought in action." Subordinate purposes include teaching and publication.

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Published monthly as a source of information on new developments in Dianetics for Associate and Professional Members exclusively. An Associate Membership in the Foundation is open to all individuals interested in Dianetics. The membership fee is fifteen dollars annually. A Professional Membership exists but is granted only to those trained by the Foundation.

NOTE: Procedures set forth herein should not be applied until the auditor is familiar with "Dianetics: The Modern Science of Mental Health."

Editor Donald H. Rogers

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THE HUBBARD DIANETIC RESEARCH FOUNDATION, INC.

EDITORIAL

The Necessity Level

Newcomers to dianetics do not seem to realize to what extent their attention is under voluntary control. They read in *Dianetics* that persons entering on processing are observed to invert their attention to the engram bank, and the trend seems to them as right as it is natural.

These newcomers need to consider also a seemingly unrelated observation, that a high necessity level over-rides engrams and produces rational activity of a high enough order to overcome that threat to survival which constitutes the necessity.

The common element of the two patterns of behavior is the direction of attention. A present emergency draws the attention into present time, away from the recordings of previous experiences. The power of survival, under stress of battle, accident or shipwreck, will pull it from holders and callbacks and focus it in immediate awareness. A low necessity situation, on the other hand, with a deliberate turning of attention to the engrams in processing, permits an abnormally large portion of the attention to become tied up in the engram bank. This inversion is especially marked when the immediate necessity seems to reside in the engrams themselves and the need for eliminating them.

Every pre-clear who recognizes this mechanism is thereby enabled to overcome it. He can deliberately create his own necessity level for day-to-day operation at a high level of external awareness. He can hold his own attention in present time and attend to the other aspects of survival as well as the engram bank.

The world must go on.

Running An Engram

During the first running of an engram, words which are not part of an interfering phrase are run through in the order in which they occurred. Interfering phrases, (bouncers, deniers, holders, etc.) *as soon as they are contacted*, are gone through again and again until the tension has been lifted from them. Subsequent recountings of the engram will be smoother and reductions and erasures will be accomplished more quickly if this procedure is followed. Maintain contact with the engram until a sufficient number of recountings has been made to obtain as much reduction as possible in any particular case.

Departmental News

The Illinois Department has successfully carried through its plans for beginning Course II. The course opened on October 2 with more than sixty persons enrolled. The California Department has moved into adequate quarters at 2600 South Hoover Street, Los Angeles. Mr. A. B. Scoles is Executive Director of the Western Division.

DIANETICS AND RELIGION

L. RON HUBBARD

Those engaged in dianetic processes are often interested in the effect of dianetics upon religion. They generally desire to know whether dianetic processing will influence faith or atheism.

Dianetics is a science; as such, it has no opinion about religion, for sciences are based on natural laws, not on opinions.

Self determinism is always to some degree circumscribed by the environment of the individual and the forces he faces. An individual without faith in something is lost and goalless. Faith is a necessary part of man. If that faith is given to a religion it can be observed that once given, it is steadfast and predictable.

When any disordered mind grasps the fundamentals of a thing, one cannot predict the way that mind will use the information. Zealotism has many times made religion odious to a people and zealotism is definitely undesirable to a religious group since it too often masks sadism and paranoia. Churches have long been troubled with this problem. It is not a problem of faith. An orderly faith alone can promote religion. Zealotism is a problem in aberration; it is generally caused by a manic engram and, quite unlike faith, is as likely to flash back against religion as it is to carry it forward. The action is unpredictable and the zealot alters his faith easily.

On the other hand atheism, which religion has found highly obstructive, has for its origin, according to our case histories, engrams. No "atheist" to date has remained an atheist after the engrams causing his objections have been removed. The atheist is activated by engrams as thoroughly as the zealot.

There are several cases on record of atheism having been altered to tolerance by dianetic processes and one case which joined a church after a release was effected. There are two cases of zealotism having abated to a sincere faith.

Insanity has long constituted a considerable threat to religion. Religious terminology, when permitted to creep into the engram bank, particularly as blasphemy, causes various disturbances in the psyche and the various religions have, throughout the duration of man as a rational being, been posed a difficult problem which can now be resolved. Dianetics not only pronounces but executes sentence upon insanity. It makes man sane.

What the world of man decrees about religion or what religion decrees about the world of man is well outside the regulation of dianetics even though it is well within the province of dianetic studies of the activities of man.

THE AUDITOR'S LOG

Every auditor needs a simple and accurate method of taking notes on each case he is handling. Each case contains a wealth of material which he must have at his finger tips for maximum efficiency. Moreover, it is only by having a good record of engrams located, reduced and erased that he can work the case logically and efficiently and prove to himself and other people what progress he is making. Good case records are necessary if a case is to be turned over to another auditor without any hitch and they are essential for direct communication with the Foundation in regard to a particular problem. This need made itself felt quite early both in the schools and clinics of the Foundation and at various points throughout the country where dianetic auditing was vigorously under way. Accordingly, suggestions for record forms and for shorthand systems of taking notes have been coming in steadily.

The best of these suggestions have been consolidated into a set of record forms and a system of note taking which will be found helpful by all sincere auditors. This material is reproduced on the following pages.

First is a chart of suggested abbreviations which will appear on the reverse side of a Standard Procedure Chart arranged for binding with the other forms in the Auditor's Log. Next is an Engram Record which will serve both as a note pad during the session and as a convenient form on which to summarize an engram after a session is over.

The Case Inventory is arranged in two sections. The first section may be filled out by the pre-clear prior to a test run, or by the auditor in a personal interview. The section below the words *Do Not Write In This Space* is to be filled in by the auditor after a test run.

The Progress Report will summarize a case at any point in processing and particularly after the release of a specific aberration. It also serves the purpose of reporting to the Foundation or to another auditor. The Time Track will provide an inventory of engrams known to the auditor but not yet erased.

Since these forms have been printed for the use of the Foundation schools and clinics it has been decided to offer them to the Associate Members and others at a moderate cost. Accordingly we have prepared a one-dollar package containing the Case Inventory, the Time Track and a Standard Procedure Chart on card stock together with four Progress Reports and twenty-five Engram Records. Refills for the Engram Record may be purchased at the rate of three pads, seventy-five sheets, for one dollar. All forms are 8 by 10 inches and are punched with three holes to fit commercial loose-leaf notebooks (8½ inches between outside centers). Clubs and associations may obtain special rates by writing the Foundation. Orders should be addressed to:

The Auditor's Log, The Hubbard Dianetic Research Foundation,
P. O. Box 502, Elizabeth, New Jersey.

Standardized Notes

CAUTION: THE BEST OF ALL NOTE-TAKING MECHANISMS IS THE HUMAN MIND. NO PREPARED FORM CAN SUBSTITUTE FOR INTELLIGENCE.

The use of prepared forms is entirely optional. They have been developed primarily as an aid to communication from auditor to auditor and from an auditor to the Foundation.

Engram Records may be used either as a running record or as a summary. It is by no means necessary to record the full content of an engram, but only the words and phrases which seem to be significant. If the engram is of particular importance, it might be noted in more detail. If it is to be used in a case history, it should be recorded in full. An observer should be present to do any extensive note taking.

For a full record of a particular engram it is suggested that the action taken by the auditor should be recorded in chronological time sequence in the column marked Auditor Action, together with the response of the pre-clear in the area marked Engram Content.

Suggested Abbreviations

M Mother	AF Age Flash	FC File Clerk
F Father	H Holder	SS Somatic Strip
b Brother	B Bouncer	PC Pre-clear
s Sister	D Denyer	BM Bowel Movement
MM Mother's mother	G Grouper	NC Non-coitus
FM Father's mother etc.	FA Flash Answer	C Coitus
(2) 2 Yawns	TS Time Shift	AA Attempted Abortion

R Repeat the Phrase	↓	Moved phrase to bottom of track and erased area around it
R Repeated phrase seven times	○	Back to beginning of engram and repeated to this point
↓ Moved phrase down track	○	Back to beginning of engram and repeated six times to this point
← Asked for phrase before		
→ Asked for phrase after		

ENGRAM RECORD

Pre-clear *Mr. Cara Smith*
 Auditor *J. Jones*

Date *10/3/50*

Sheet No. *41*

AUDITOR'S REQUEST

Next important incident necessary to resolve this case.

SOMATIC:

Describe:

Generalized

Localized

Actual

Command

*Pressure, varying.
 Pain in left shoulder.*

AGE FLASH: Prenatal (measure from cell union)

2 months

Postnatal (age)

AUDITOR ACTION

ENGRAM CONTENT

R'''

M: Don't do that

R''' (3)

M: Please, please don't do that. I can't tell what's right any more. I just can't know.

A.F.

2 months

←

R

F: Oh, it's all right. It won't hurt you.

→

R''' (2)

F: Always the same thing. You're so dumb you don't know what's good for you.

→

R''' (3)

M: Leave me alone, Harry. I just can't do it.

→

R'' (1)

F: You're so damn stupid. Oh shut up and go to sleep!

↻
R''' (4)

Does this appear correct?

Yes

↕

See sheet 42

(Continue on other side)

OUTCOME: Go earlier

Yawns

Dope-off

Reduction

Erasers

Emotion

Remarks

After erasing engram on sheet 42, recontacted and erased with out recounting.

TAE-10-50

Case Inventory

Name Mrs. Cora Smith **Age** 47 **Male** **Female** **Date** 8/20/50
Address C. O. Box #1, Anyville, Ky **Phone** ANO-0000 **Birth Date** 2/10/03
Birthplace Anyville, W. Va., U.S.A.
Marital status: Single Married Separated Prev. marriages: Widowed Divorced
Language background: English only? No Others? French **Present fluency** Fair
Occupation Housewife **Phone** ANO-0000

Have you ever been confined to a mental institution? No Have you had epileptic or similar seizures? No
 Have you ever consulted a psychiatrist? Yes Describe treatment (symptoms, results, etc.) In 1932, a few weeks in connection with divorce; some tension lifted.

Reasons for seeking dianetic processing? (Include a description of present disorders: physical, psychosomatic, etc.) Release from emotional tension; improve memory; alleviate stomach pain and migraine headaches; some medical history on migraine; medical treatment, no hospitalizations. Dr. J. D. Rogers, Anyville.

FAMILY HISTORY	Name	If living, present age	If dead your age at time of death	Remarks—cause of death, your emotional relationship with this person, etc.
Other	Iida ("Mom")	72		strong emotional attachment
Father	Ben ("Dad")	78		sentimental, mixed feelings
Mother's parents	M: Wilhelmina ("Billy") F: Haffrey ("Jeff")		16 24	Monkies or TB; very close brain expansion of the falling
Father's parents	M: Elizabeth ("Aunt") F: Frank		10-12 20	caner (met her half-timed) fell or jumped from horse
Mother's sisters	Janet Mary		?	Jan in Chicago, always was Don't remember Janet
Mother's brothers	Otto ("Doc")		14	Dentist, had tobacco heart (wife Mary, was wonderful friend)
Father's sisters	None			
Father's brothers	None			
Brothers	Everett			drowned while swimming before my birth at age 4 years.
Sisters	Lavin		3	died in birth
Spouse	Charles ("Chuck") Harris John ("Dad") Smith	48 47		make me mad very friendly
Children	Charles, Jr. Clara	20 16		love them both very much
Household relatives and other possible allies	Dog - Bonnie Neph - Sarah		12 ?	possible grief here great friend, left us at age 4.

T1E-10-50

Age of time of occurrence	List accidents, serious illnesses, operations; all general anesthetics (type of anesthetic); loss of consciousness for any other reason, including hypnosis, electric shock, shock therapy, narcosynthesis, drugs.
6	measles
7	tonsillectomy, ether
8	whooping cough
11	appendectomy; ether
14	fainting; happened in a class room, many people around, strong odor of freshly painted furniture
18	teeth extraction, nitrous oxide
27	childbirth; nitrous oxide
31	childbirth; nitrous oxide
33	post childbirth operation; spinal anesthetic
35	lumbago; x-rays made at X Hospital, Anyville, N. Y.; Dr. Rogers has records

(From Test run, some data.)

DO NOT WRITE IN THIS SPACE

Sonic	poor	Vision	good	Pain	none	Emotion	highly charged
Touch	poor	Smell	fair	Taste	good	Demon circuits? Describe	Central
Kinesthesia	poor	Time track mobility	fair	Valences? Whose?			Possibly mother

Key Phrases

Chronic Personality

I get it, Let me see now,

Commonly used adjectives: beautiful, terribly, awfully, wonderful

Possible Circuitry

Now don't get upset, You've got to get hold of yourself

General Summary

and Auditor's Comments:

High necessity level but emotional; covers up painful incidents, negative attitude. Brief discharge should be easy to run and should make noticeable improvement. Circuits not interfering at present.

Auditor's name

J. Jones

Date

8/20/50

PROGRESS REPORT ON SPECIFIC ABERRATION

Auditor's name: J. Jones age: 34 yrs. sex: Male
Street address: 23 North Main Street city Rayville state: N. Y.
Pre-clear's name: Mrs. Cara Smith age: 47 yrs. sex: Female
Street address: C. A. Bay #1 city Rayville state: N. Y.
Date pre-clear began processing: 8/29/50 (Date of filing report: 10/3/50)
Total number of auditing hours spent on aberration: 23 1/2 hours

Description of aberration before processing (A word description of the physical and/or mental aspects of the aberration, and should include: symptoms; location, nature, and severity of pain; diagnosis of aberration; etc.):

Aberration: migraine headaches. Symptoms: headaches are severe and recurrent; pain restricted to one side of head and associated with visual disturbances and nausea; headaches occur at about two week intervals except when pre-clear is particularly tired and faced with many household responsibilities at which times they occur more frequently; diagnosed as migraine by family physician.

Aberration constant or recurrent? recurrent no. yrs. evident: 22

Miscellaneous information, concerning the aberration, which you consider to be important Pre-clear's mother had migraine headaches; pre-clear stated during first interview: "I'm just like my mother!"

Description of aberration after processing (THIS DESCRIPTION MUST PARALLEL THE DESCRIPTION OF ABERRATION BEFORE PROCESSING; it should be completed to the time this report is filed.):

During the first two weeks of processing, symptoms which appeared to be the ones associated with aberration, were contacted and reduced. Pre-clear stated that she has not had any of the above symptoms since starting processing. She has been under considerable stress of personal problems and family responsibilities, has been active physically, but has not had a recurrence of any migraine attack.

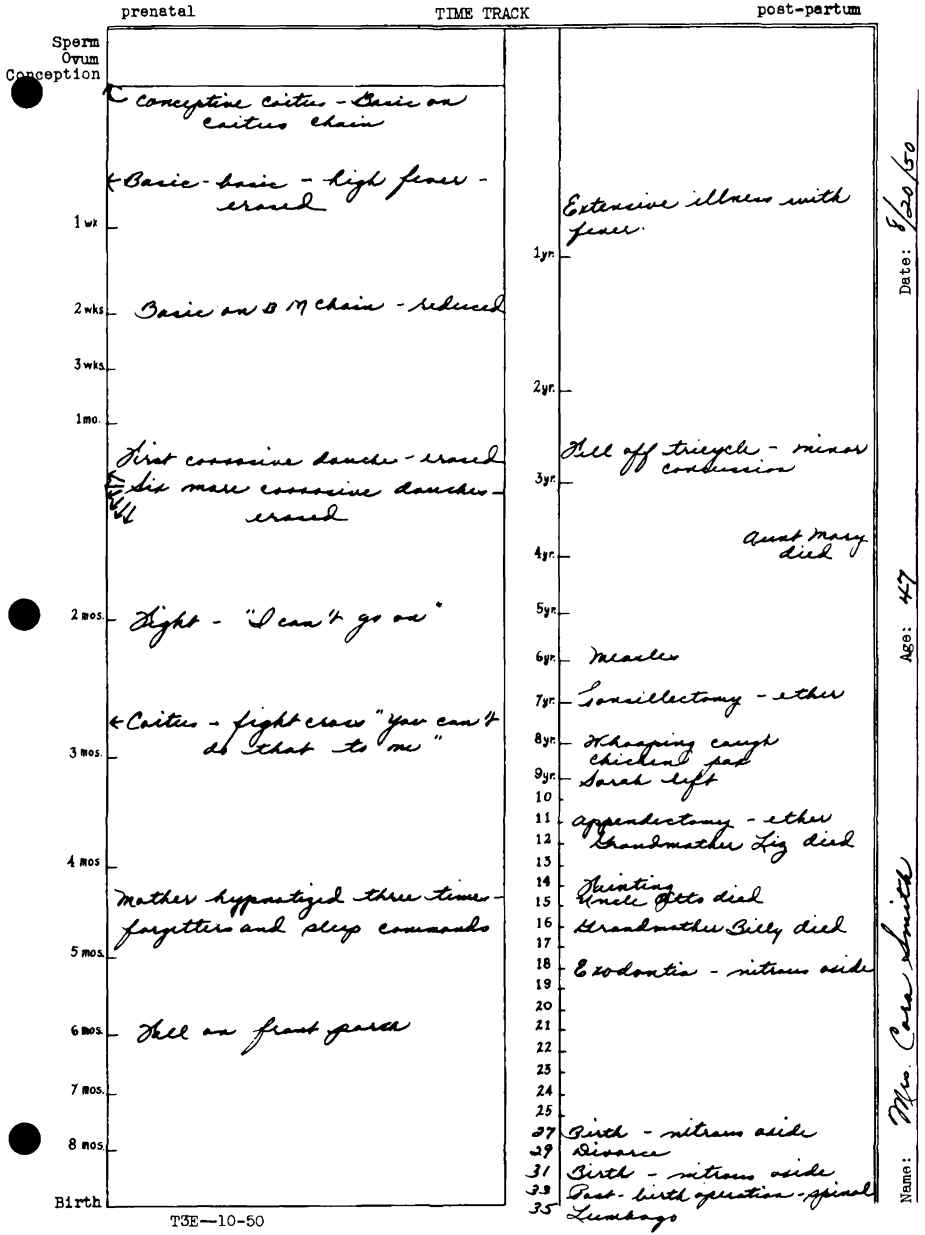
AUDITING PROCEDURE (This section should SUMMARIZE the auditor's procedure taken to process the specific aberration. It should be clear, concise, and informative. Such points should be covered as: description of specific engrams, locks, key-ins, if specific; aberration due to one engram or chain?; LIST SPECIFIC PHRASES CONTACTED WHICH HAD DIRECT BEARING ON THE ABERRATION; etc.):

Auditor followed standard procedure. Some grief had been run off the case and erasure had started before any contact with the migraine chain. First engram contained phrases such as: "Wait for me. I can't go up that fast. I feel so dizzy. My head hurts so I've got to lie down and stay here. Lie on down and wait for me. It always happens this way." Aberration appeared to be associated with various factors: pre-clear was strongly in mother's release (mother had migraine history); aberration stemmed apparently from a chain of five engrams, each of which contained phrases and somatics reflecting mother's high blood-pressure; aberration reinforced by command somatics. After these five engrams were reduced and late life release commands were contacted, aberration did not recur.

Has the pre-clear ever been treated by a doctor or psychiatrist for the aberration? Yes List hospitals or mental institutions pre-clear has entered for the treatment of the aberration: None

Are medical, psychiatric, hospital, etc., records available to the Foundation? Yes What types of records are available (x-rays, pictures, medical case history, etc.): diagnostic report; medical history

Where may these records be obtained: Dr. J. D. Rogers - Amherst, N.Y.
pre-clear has given physician permission to release case info.
Under what conditions will the pre-clear release case history information for publication: omission of all personal names.



Date: 8/20/60
 Age: 47
 Name: Mrs. Cara Smith

T3E-10-50

DOWN TO CASES

Many of the letters received at the Foundation contain passages like those printed below. All of these letters were written by auditors who had received no training other than a study of *Dianetics*. The results which they report should be of interest to other auditors who have not had direct contact with the Foundation. Such material will be published from time to time in the *Bulletin* under this heading.

August 25, 1950

From J.M.C., Pittsburgh, Pa.:

A thirty-six year old woman with four children had significant success in releasing the grief engram involving her husband's recent death during her first session. In the next session the pre-clear began to giggle and laugh uncontrollably.

"Tried repeater technique with 'giggle' and 'laugh' and then 'happy'. The latter turned on the somatic and engram was run several times to erasure (or reduction). PC then laughed and told story as follows: PC's mother was bumped by five-year-old daughter and said, 'W....., you should never bump me like that. We are going to have that baby I told you about'. W..... seemed to jump up and down and cry, 'Oh, I'm so happy! I'm so happy!' (A previous flash answer had given the age of the pre-clear at this point as five months after conception.)"

In the third and fourth sessions, she was run back to prenatal areas where she experienced the somatics of birth. ("Said she never knew the child helps in birth. Now knows why she grunts when she leans over. It is exactly the way her mother was grunting.") Other earlier engrams were contacted and reduced.

"Even four sessions produced remarkable results in the pre-clear. In this case she as well as everyone around her noticed the change for the better in physical well-being and mental outlook on life."

August 15, 1950

From N.W.J., Houston, Texas:

"I have seen it work on two of my close friends, one an engineer and the other a musician and writer. They were both quite sane to begin with, but now they have a mental stability and happiness *far* greater than the average person. The energy and optimism that they now have is above and beyond anything I ever witnessed before dianetics."

July 21, 1950

From J.B., Pittsburgh, Pa.:

"I personally started auditing on the 24th of May an arthritic and am glad to report a release. The calcification of the joints has shown no appreciable re-absorption, but the increase in motility within the limits prescribed by the calcium deposits has been notable."

"She has reached a sufficient release to enable her to return to work after 28 months of invalidism. Full sonic with intense re-living. Reached basic-basic about July 7; since then engrams have progressed through entire tone scale to laughter in one recounting."

STRAIGHT LINE MEMORY TECHNIQUES

The difference between straight line memory and return is in the amount of attention used to obtain information from a past event. If one postulates one hundred available attention units, the sending of two units back to examine an event would be using straight line memory, the sending of twenty five attention units back would be return, and sending one hundred back would constitute complete reliving.

While this is an analogy only, it illustrates an actual difference in the two processes. It also serves to clarify the major advantage in each operation. In straight line memory most of the attention is left in present time; in return more of the attention is focussed on the event under examination. If a person wishes to bring a small amount of knowledge of an event up to present time, he uses straight line memory. If he wishes to contact the event more fully, he uses return. If he wishes to contact the event closely and then to bring this knowledge to present time, he uses first a return to the event, followed by straight line memory of both the return to the event and of the actual occurrence itself.

The illustration as given would also explain another observed phenomenon: Nothing brings subjective validation of dianetics more quickly than the recovery by straight line memory, or by a combination of return and straight line memory, of material which had previously been occluded. The mind is a survival mechanism, and ninety-eight per cent of available attention in present time seems like a normal and correct condition. The mind does not give complete credence to material until it is available in present time for dynamic use. Straight line memory is the process by which this is accomplished.

Straight Line Memory Fundamentals

Any sub-optimum opinion of himself expressed by a pre-clear represents something he has heard from another person. A person naturally holds a good (not exaggerated) opinion of himself. Anything he says about himself that is less than good is a repetition of words he has heard from someone else. Most of the time this opinion will be expressed in the exact words which he heard. These words may not have been spoken to him or about him, but they were spoken in his presence.

Dramatizations tend to repeat themselves. An engram usually contains both pain and word content. When it is keyed in or restimulated there is an automatic choice made between feeling the pain of the engram or following out the literal command of the words. Since the basic drive of the mind is away from pain, the choice is usually to dramatize the engram rather than to feel its pain (even though at times such a dramatization will eventually involve more pain than occurred in the engramic situation itself.) Such a dramatization becomes a lock on the engram which caused its formation. Every dramatization of an engram makes the next repetition of that dramatization easier. Since the parents of an aberree are aberrated, they have repeated their favorite dramatiza-

tions again and again in his presence. These dramatizations will have occurred before the birth of the pre-clear as well as after his birth. Some of them will be available on straight line memory.

Aberration is contagious. Since his parents' favorite dramatizations are in his pre-natal engram bank, the pre-clear has a basis of pain and unconsciousness which will link up with any exact repetition of a dramatization. Thus, each repetition is a lock on engramic material and these dramatizations tend to become the pre-clear's own dramatizations. After this occurs, the rate of adding locks is tremendously increased, because every time the pre-clear dramatizes an engram he is forming another lock. These dramatizations will be passed on not only to his own children but to any one he contacts who has similar engramic material on which this dramatization can be locked.

Locks may be discharged by straight line memory. Since locks do not contain the pain and unconsciousness of the original engram, they will lose their force much more easily than an engram. Nevertheless, such locks do tie up attention units, and once they have been discharged, more attention is available to the pre-clear. This should not be taken to mean that *all* locks are best discharged through straight line memory. An auditor may switch from straight line memory to return and back to straight line memory many times in the course of a session, and he chooses the technique which accomplishes the quickest and most thorough results.

Straight Line Memory Processing

Immediate relief for a person can sometimes be obtained using straight line memory alone. Such relief is not permanent, and should be followed by standard processing, but it is quick and efficient when a situation has reached a critical stage. The technique is easy to understand, but its effectiveness is largely determined by the skill of the auditor who uses it. After an incident has been located, a gradual shift into return may be necessary for blowing the lock.

Some pre-clears begin processing with so few attention units available that it is not possible to begin the process of return until after preliminary work using the straight line memory techniques has made more attention available. In general, the more occluded a person is, the more important it is to spend time in straight line memory processing.

The ease with which the straight line memory technique may be applied is illustrated by the case of the professional auditor who noticed that a fellow worker was getting involved in an unusual number of scraps on a particular day.

"Say, you sure do seem to want to get things done today. What's so special about today?"

"Nothing. But we've just gotta get some of this work done around here, and everybody seems to get in the way"

"Oh, I see. You're just trying to push things through. You must have had a dynamic mother." (Previous data in this auditor's bank indicated that the dynamics were really father's.)

"No. Not at all. My father was the one who really got things done."

"Anybody ever tell you you were like your father?"

"Well, everybody says I look like him. Sure."

"Any special person who thinks you are like your father?"

"No. Nobody I can think of."

"How about your mother? She ever say anything about your being like your old man?"

"I guess she could have."

"What did she say?"

"Well, she might have said, 'You're just like—' Say! That's not right! She's not talking to me! She's talking to my father telling him that *he's* like *his* father!"

"Yeah? Where are you standing?"

"Well I'm—Say! I've got these footsie things on and—"

"Now look, is there any reason you have to go on being like *your* father?"

The answer was a burst of laughter and quiet cooperation was the keynote for the rest of that day. The tension was off the lock, but the pre-clear had not been allowed to return enough to stimulate the engram underneath the lock.

While the cited case was not of a serious nature, the same techniques work when a pre-clear is very distressed. On one occasion a skilled auditor was called long distance by a complete stranger who was on the verge of suicide. Using straight line memory, blowing locks which contained disparaging phrases and valence commands, this auditor had his pre-clear laughing at the end of a fifteen-minute telephone conversation.

Straight Line Memory Inventory

The first step in opening a case is to secure enough facts about the pre-clear and his life experiences to enable the auditor to judge the nature of the engram bank, its magnitude and probable difficulty, and the best way to enter it. A large part of the first session, therefore, is utilized in obtaining a case inventory, gathering data on post-natal periods of unconsciousness, illnesses, deaths of allies, foreign language background, etc. This inventory is done with the pre-clear in present time, using straight line memory.

Much additional data may be observed by the alert auditor during the case inventory. The pre-clear will usually become nervous or agitated when discussing certain periods of his life. These periods of stress should be carefully noted and investigated later in reverie. Of particular importance are phrases which are used over and over to describe situations which they really do not describe well. Such chronic personality phrases almost invariably stem from engrams.

All phrases which might be circuitry commands should be carefully noted. Usually these will be given as the pre-clear's own opinion, using

first person: "I can't quite believe it. I'm just not sure. I have to know for myself. I can't let things get out of control." In the engrams which have set up these circuit commands the words may have been: "You can't believe anything I say. You always have to make up your own mind, but you're not even sure what you want. Can't you control yourself any better than that?" The auditor can work down from the circuitry phrases he has noted in the straight line memory inventory to the engrams on which the circuitry rests.

Straight Line Memory Aids

During the course of regular processing occur periods in which the pre-clear finds it difficult to contact engramic material, even though there is reason to believe that most of the bank has still not been run out. At this point, straight line memory will sometimes uncover areas of occlusion which were missed in the first interview.

A useful device in bringing a pre-clear up to present time after a session is to go back over the session in straight line memory. This should not require more than five or ten minutes and sometimes pays unexpected dividends. Details of engrams which seemed to have been noted by the analyzer while the pre-clear was in reverie will suddenly receive fuller attention, and erasure will be much more complete. Any locks formed near present time by auditor error or by the violence of the engramic material covered in the session can be blown in this manner.

At any time when processing is to be discontinued for any reason, it is a good practice to spend the last two hours in straight line memory, going over the material covered in the processing and covering areas in the pre-clear's life which had previously been occluded. This breaks the habit of return, and reorients the pre-clear into the more usual straight line memory techniques.

Occasionally during processing a pre-clear will begin to have more attention tied up in the engram he is running than is required for the most efficient reduction of the engram. This tendency toward reliving can be easily controlled by a momentary change into straight line memory. "You can remember this now. How was it we contacted this engram? What would a statement like that do to you?"

When a pre-clear is badly stuck on the time track, the quickest device for running the engram in which he is stuck may be to alternate many times between return and memory. As soon as attention units are relieved, bring them completely up to present time by having the pre-clear remember what was just contacted. Then return to the engram until more attention is available. As more attention is freed, the difference between return and memory will become clearer and processing will proceed at a faster rate.

Straight line memory is the normal working technique of the mind. It is directly related to man's ability to survive, allowing for maximum concentration in present time with a free flow of data from the past. The recovery of material from the past has a healthy, stabilizing effect on the mind and straight line memory is an essential part of this operation.

See also "Sonic Recall Through Pleasure Moments" by Parker Morgan in the September 1950, issue of the Bulletin.

CASE HISTORIES

Case No. 32: G.T.

Feb. 15, 1950

Pre-clear is white, male, age 31. Occupation: motor mechanic. Had chronic asthma since age of 8 months; was under constant treatment from then until age 10 years, then under medical supervision until the beginning of dianetic processing. He had been treated by the usual medical measures of sedatives and sympathomimetic drugs. Also, he was a psycho-neurotic stutterer, chronically unable to speak without gasping or halting.

Dianetic processing attempted to release the asthma only. Attention was confined only to those engrams which contributed to it, and these events were found to stem from birth. Since birth was basic on its own chain, and erased, the prenatal area was not explored. About 20 hours were spent in actual work.

Dianetic exploration revealed that at birth he was swung by his heels while he was looking directly into a bright light. Pertinent conversation consisted of the doctor saying, "Look, I didn't even have to spank him to make him cry," and the nurse laughing and saying, "My, isn't he a big baby!" His father entered and said, "How is my wife?" The nurse said, "Don't talk!"

Restimulators for this patient's asthma were to be found to be clean, cool air, a swinging bright electric light, threatening him with spanking and a woman telling him that he was "a big baby". The effectiveness of these restimulators was demonstrated numerous times.

Dianetic processing erased the physical pain of his birth. The patient has been completely free from asthma for one year and has required no medication. There has been no change in his mode of living except for the dianetic release. His stuttering abated markedly, returning only occasionally in moments of great stress.

Case No. 1005: T.S.J.

October 2, 1950

Pre-clear is a white female, age 29, married. One week after a day of horseback riding, the pre-clear noticed an increasing numbness of the skin around her right big toe. During the following weeks, this numbness increased until it included the skin of the anterior surface of the right leg, extending from the toes to the knee. These symptoms were coupled with a partial drop-foot which also had developed.

The pre-clear was examined by three departments of a leading New York Hospital. The neurological department diagnosed the condition as a possible disturbance in the central nervous system and recommended a complete neurological check-up, including a spinal tap. The orthopedic department diagnosed the condition as a possible peripheral neuritis and vitamin B-1 deficiency. The physio-therapy department diagnosed the condition as a possible traumatic injury through horseback riding, and recommended rest, heat and massage.

Following the suggestion of the neurological department, the pre-clear privately consulted a leading neurologist who had chronaxy tests taken on her at a second hospital. The neurologist's opinion, based on

his clinical examination and the tests, was that the symptoms were probably due to trauma sustained from the horseback riding and intensified by a pre-existing vitamin B-1 deficiency. Upon his recommendation, the pre-clear was treated with ten doses of 100 mg. of vitamin B-1, intra-muscularly, followed by daily oral doses of 50 mg. of vitamin B-1. The pre-clear rested, and was treated further with heat, massage, and electrical stimulation of the affected nerve branch. Although the rest lessened the discomfort of the condition, the therapy did not produce measurable results and the symptoms continued.

At this time, the pre-clear had become interested in Dianetics and she was attending the first series of lectures given by the Foundation. During some of the lectures, she noticed that the right drop-foot would become considerably worse, while the left foot would temporarily show similar symptoms. She then stopped all previous therapy and merely took the prescribed daily dose of 10 mg. of vitamin B-1 suggested for dianetic processing. She proceeded with the course in dianetics and continued co-auditing. The foot and leg symptoms remained fairly constant until, after 47 hours of processing, birth was contacted during a session on July 7th, 1950. While birth was being run, the pre-clear reported somatics of partial numbness of the left foot and leg, and complete numbness of the right foot and leg. By the end of this two hour session, birth was partially reduced and the above symptoms were no longer present. The pre-clear reports that since that time, the foot and leg symptoms have never recurred.

Case No. 1003: C.O.

October 2nd, 1950

Pre-clear is a white male, age 31, single. At the age of 16, pre-clear began indulging in homosexual relations. He had never had any previous heterosexual relations, nor had he ever had the slightest desire for sexual relations with females. His sexual activities were completely homosexual to the time he came to the Foundation for processing. He stated, during the first, interview, that he was plagued with an increasing sensation of inadequacy, failure, and dissatisfaction with homosexuality.

Processing uncovered a multitude of noncoitus engrams during which the pre-clear's mother constantly repulsed the sexual attentions of the father with phrases such as: "There's only one way to do it and I'm not sure that's right!", "That's not the right way!", "I don't feel like it, and besides that's not the way to do it", etc. These incidents began to be reduced in the first few sessions. Even at this early period in processing, the pre-clear stated that for the first time in his life, he was beginning to feel an interest in women.

In the time since the pre-clear left the Foundation, a matter of four weeks to the date of this report, he states that he has not engaged in any homosexual activities. Furthermore, he states that his homosexual drive has decreased markedly to merely a residual interest in one man who previously was his principal sexual outlet. The pre-clear states that this residual interest is, in his opinion, one of habit-pattern since there have been no sexual relations with this man and the pre-clear's attitude toward him now is one of close friendship. The pre-clear states that he is experiencing a decided interest in and rising desire for females.

COURSES

The following courses are in progress in Dianetics at Foundation headquarters and Departments of the Foundation. For more particulars write Parker Morgan, Secretary, Hubbard Dianetic Research Foundation, or your local Department.

COURSE I

Elizabeth and Los Angeles only.

This is the professional course. Those enrolled will work toward certification as a professional auditor which will be granted *upon satisfactory completion*. It is expected that, during the term of the course, enrollees shall devote full time to the study of Dianetics, including lecture, classes, observation of and practice in Dianetic Auditing. Duration: 4 weeks. Fee: \$500.00.

COURSE II

A series of fifteen lectures given to teams of two who plan to co-audit each other. There is one series of lectures given three evenings a week over a period of five weeks, and another series given Saturday evenings for fifteen weeks. The course includes case opening and instruction on team auditing. Consult your local department for fees and dates of course.

COURSE III

Case opening for a team. This is a session of two hours conducted by a professional auditor who takes each member of a team through reverie under the observation of his co-auditor. Appropriate instruction is given. Fee: \$25.00 per hour.

It is with regret that we must charge for training. We should prefer to extend this knowledge freely to all who desire it. Nevertheless, if research in Dianetics is to continue—and we are sure you agree with us as to its importance—we must charge for our services. Proceeds go to the Hubbard Dianetic Research Foundation.

THE SELECTION AND APPROVAL OF CANDIDATES APPLYING FOR TRAINING WILL BE ENTIRELY AT THE DISCRETION OF THE FOUNDATION.