BTCC§2: A1 – Current Strong Somatic

The first handling for any serious physical problem is medical attention, followed by a Touch Assist.

If you have a strong recent somatic which you feel might be due to a restimulated entity then follow this procedure in a solo session, using two cans (one in each hand). This is quite a difficult procedure to do solo, so count any charge taken off or any alleviation of the condition as a win.

Ideally the question below will read when silently directed to just the specific problem area.

What word or phrase best describes my current physical condition?

If the question does not read, use suppress and invalidate buttons on it, still directing attention to the problem area. Do not continue with this question without getting a read on either the question or one of the buttons.

The correct word or phrase as an answer should also read. If the reading item is "a sore arm" you indicate this to the problem area, "Your current physical condition is a sore arm".

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Now check for a read on
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an entity being a sore arm?
an entity being an arm?

an entity being a *no arm*?

You could also check for

an entity being a cure for a sore arm?

an entity being a cure for an arm?

an entity being a cure for a no arm?

Then

an entity protesting cures for a *sore arm*? an entity protesting cures for an *arm*? an entity protesting cures for a *no-arm*?

Remember that this is an **assist** action, not a full handling. All you are looking for is to get some charge off, not to fully and permanently handle the condition.

Ed – Freezone 1 of 1 v1.00 (2011)

Source: NOTs #3, #32, #34