The latent sinfulness list

Out of session, look over the list below and cross out any of the **BOLD** words that you don't recognise. Word clear others that you do recognise but are uncertain about.

In a solo session, with one can per hand, direct your attention to your whole body and say the question *out loud*. If the question reads then find the location of the entity responsible and handle it using the Valence Process.

In the next session it is better to re-check the list from the beginning, but you can just re-check the last reading question if re-checking the whole list becomes tiresome.

- an entity being PRIDE or PRIDEFUL?
- 2) an entity being **ENVY** or **ENVIOUS**?
- 3) an entity being **GLUTTONY** or **GLUTTONOUS**?
- 4) an entity being LUST or LUSTFUL?
- 5) an entity being **JEALOUS** or **JEALOUSLY**?
- 6) an entity being **SPITE** or **SPITEFUL**?
- 7) an entity being **NASTY** or **NASTINESS**?
- 8) an entity being **BITTER** or **BITTERNESS**?
- 9) an entity being **ANGER** or **ANGRY**?
- 10) an entity being **RAGE** or **RAGING**?
- 11) an entity being **WRATH**?
- 12) an entity being **VENGEANCE** or **VENGEFUL**?
- 13) an entity being **GREED** or **GREEDY**?
- 14) an entity being **AVARICE** or **AVARICIOUS**?
- 15) an entity being **COVETOUS** or **COVETOUSNESS**?
- 16) an entity being **SLOTH** or **SLOTHFULNESS**?
- 17) an entity being **CRUEL** or **CRUELTY**?
- 18) an entity being **DISHONEST** or **DISHONESTY**?
- 19) an entity being a LIE or a LIAR?
- 20) an entity being THEFT or STEALING?
- 21) an entity being SIN, SINNING or SINFULNESS?
- 22) an entity being a CHEAT or CHEATING?
- 23) an entity being **ADULTERY** or an **ADULTERER**?