

This action is done using two cans (one in each hand) in a solo auditing session, without requiring admin, and with all commands and acknowledgements done silently to a specific location on, in or near your body. You should not and must not speak out loud during this process since this would restimulate other entities unnecessarily.

When the process command uses the word “say” or the word “ask” this simply means to silently project the intention of the command or the question.

If you **feel** out-ruds when you first start the session, use the BTCC§2:A2 rudiments sheet.

Typically, each of the parts of BTCC§2 has its own way to find entities. A read on an entity being something justifies you running the whole process overleaf without any need for more reads.

The whole page overleaf is considered as just one process. Once you get a reading item or location you do not need any more reads to run the process. None of the individual questions, including the Listing question, need to read. Just run the process as it is written overleaf. Note that the process contains more steps than the original NOTs procedure. All we are trying to do here is to get charge off in order to release the entity. For the steps marked with “acknowledge *any* read, answer or comm lag” the idea is to just move on quickly through that step without getting held up by comm lags, whilst still picking up any readily available charge.

This is **not** a muzzled process and plenty of two-way comm is perfectly acceptable.

The response to any of the questions is not necessarily a “sonic” (hearing something in your head). The response may be as subtle as a mental impression. It could equally well be just a thought which appears no different to any of your own.

The session EP of the needle floating with VGIs after a BD can occur at **any** point in this process.

If you have scientific/engineering training, then you may prefer to use dates in powers of 10 such as 10^9 years ago. This notation makes large dates less cumbersome. Dates in the range 1×10^{15} (1000 million million) to 7×10^{15} (7000 million million) years ago seem to be the most relevant. You may remember that this time period was when the Clearing Course:§1 implants and INCIDENT I occurred. On BTCC§2 we definitely need to be willing to look earlier than INCIDENT 1. Of course we also did this on BTCC§1 when we checked for earlier INCIDENT 1, and if that wasn't enough, Earlier Universe.

If you have ever dealt with raw public you may have had to use a more assertive form of session control than you might have preferred. Perhaps you recall the datum about not trying to communicate more than 0.5 of a tone scale level above your intended audience if you want to be real to them. Some entities need assertive control on your part; you are the boss of your body, not them.

The alternative approach of picking a definite location in, on or near the body (at random or otherwise) requires a read on either that location or a read on step 1 when just that location is addressed.

- 1) Say **"HELLO"** to just that location (all subsequent steps focus on this **same** location).
- 2) If there has been no read up to this point, pick a new location.
- 3) Ask it, **"WHEN ARE YOU?"** and acknowledge *any* read, answer or comm lag.ⁱ
- 4) Ask it **"WHERE ARE YOU?"** and acknowledge *any* read, answer or comm lag.ⁱⁱ
- 5) List **"WHAT ARE YOU?"** to the *first* reading item, indicating the reading item.ⁱⁱⁱ
- 6) **"SHOW ME WHEN OR HOW YOU BECAME { last reading item }."** or **"TELL ME WHEN OR HOW YOU BECAME { last reading item }."** and acknowledge *any* read, answer or comm lag.^{iv}
- 7) Run **"WHO ARE YOU?"** as a repetitive process, acknowledging each answer, until either the entity realises who it really is ("me") or until the question bogs..
- 8) Run **"WHO OR WHAT WERE YOU BEFORE YOU BECAME { last reading item }?"** as a repetitive process, acknowledging each answer, until either the entity realises who it really is ("me") or until the question bogs.
- 9) Progressively run the entity back down the time track using the command sequence:

"WHO OR WHAT WERE YOU 1000 MILLION MILLION YEARS AGO?"

"WHO OR WHAT WERE YOU 2000 MILLION MILLION YEARS AGO?"

"WHO OR WHAT WERE YOU 3000 MILLION MILLION YEARS AGO?"

"WHO OR WHAT WERE YOU 4000 MILLION MILLION YEARS AGO?"

"WHO OR WHAT WERE YOU 5000 MILLION MILLION YEARS AGO?"

"WHO OR WHAT WERE YOU 6000 MILLION MILLION YEARS AGO?"

"WHO OR WHAT WERE YOU 7000 MILLION MILLION YEARS AGO?"

"WHO OR WHAT WERE YOU 8000 MILLION MILLION YEARS AGO?"

"WHO OR WHAT WERE YOU 9000 MILLION MILLION YEARS AGO?"

... acknowledging *any* read, answer or comm lag until the entity realises who it really is.

- 10) Check **"IS THERE SOMEONE IN YOUR VALENCE?"**
"IS SOMEONE BEING YOU?"
"DOES SOMEONE THINK THEY ARE YOU?"

for a read. Indicate anything found and keep checking the questions until there is no read or there is an F/N.

ⁱ This is not a Date/Locate. As in NED auditing, the *When* answer can be in the form of "When I fell off the aeroplane wing" as well as "379 thousand million years ago".

ⁱⁱ Although this is not a Date/Locate, the location asked for is not necessarily a location on or in the body. It could equally well be a past location in which the entity is stuck.

ⁱⁱⁱ When indicating the reading item, do not perpetuate a lie. If the reading answer is "**an arm**" then you should not indicate it as "You are **an arm**" or "Your item is **an arm**". The correct form of indication is "**YOU ARE BEING {an arm}**".

^{iv} Use whichever of the **SHOW** or **TELL** variants works best for you.

NOTE 1: If the List in step (5) bogs, check **“Is this a GROUP?”** If it reads as a Group, indicate the fact then find a leader if possible. Ask for a rough count of the entities present, ask for the date and the location of the incident (accepting any answers given), assess the Group Incident List, and run the Group through the incident using Effort Processing as used on BTCC§1. If it doesn't read as a Group then you should jump straight to step (9).

NOTE 2: VGIs and a TA blowdown to the start of session TA position, or lower, at any point in the process indicates the entity has blown. With your attention on the original location, check **“Is there a COPY?”** and indicate the presence of a copy if there is a read. Continue doing this until there is an F/N or the question stops reading. If no F/N, continue with the other steps in the Valence Process.

Remedy 1: In case of a stuck flow, hypnotized entity, or sleeping entity do one or more of the following ...^y

- a) Tell the entity to wake up
- b) Tell the entity to come up to present time.
- c) Ask the entity **“How do you WAKE UP?”** and simulate this if possible.
- d) Pull the entity back down their time track a little bit so they can snap forward to present time.

Remedy 2: If somatic locations will not read well then check, **“Is there a Shell BT in the way?”** or **“Is a Shell BT blocking reads?”**

Remedy 3: If the TA rises (entity going more solid) ^{vi}, **“When did you decide not to change?”** / **“What began that?”** / **“What happened just before that decision?”**

Remedy 4: If the TA rises (partial blow) ^{vii}, check **“Is an entity preventing you from leaving?”** and handle that one if present. A BT can hold entities in front of it as a shield so you may have to look behind that shield to find the relevant BT.

Remedy 5: If the TA rises and there is no other evidence of another entity holding the current one in place. Check **“Is a Shell BT preventing you from leaving?”**

Remedy 6: On the “Who are you?” step, if the entity is convinced it is an object, not a living being you can do a little TR4 handling. For example ...

entity: “Thank you for asking, but I really am just a bone.”

you: “Okay ... but in that case how come we are having this conversation?”

This may be all it takes to get your BD VGIs F/N.

Remedy 7: On the “Who are you?” step, if the entity is still convinced it is an object, not a living being, check **“Did anyone say you had to be { last reading item }?”**

If the answer is “yes” then get some details and R-factor the entity that it can be **{that item}** if it wants to, but it doesn't have to be.

^v NOTs #28

^{vi} NOTs #25

^{vii} NOTs #6