

BT Clearing Course:§2

Introduction

It is appropriate to take a fairly long holiday from auditing after completing the BTCC§1; by long here is meant months, but not years.

Now that you are out of the non-interference zone other case actions can be undertaken, if needed, before progressing onto this section.

Hopefully you now feel better on the whole than how you felt before you started the Expanded Clearing Course. Probably you still don't feel "Clear" as described in DMSMH. The missing datum here is that you can feel and act down tone when surrounded by low tone people. Also,

***"In the vicinity of PTS people one tends to make mistakes,
since PTS people make mistakes."*ⁱ**

Your body is like a repository of dormant theta beings, surrounding you on all sides. You are massively more powerful than many of them, but they outnumber you thousands to one. Perhaps only now can you fully understand why you don't feel "Clear" all of the time!

According to the Standard Grade Chart you may be expecting to do an OT drug handling at this point (OT IV). You should read the OT Drug Rundown Bulletin (8001B29) and hope that it does not apply to you. The point is that in 1980, when that rundown was created, a great many staff and public had *extremely* heavy drug histories and therefore they were not really making it on any auditing. The case histories of the pilot auditing given in the OT drug rundown bulletin show that half the cases explicitly had LSD histories. This is why the earlier courses in this FreeZone series explicitly discouraged auditing on the upper levels if you had a heavy drug history, had been held in a mental health facility against your will, or had been treated by any form of electric shock therapy. The point was that R6 is an extremely powerful incident. The inevitable mistakes that happen in session could easily topple an unstable mind into insanity, or death by either suicide or carelessness.

Setups

Before starting the theory study it is best to follow the setups prescribed in NOTs 26R. The point is that the theory study will almost certainly cause restimulation, possibly pushing the TA out of range. We want to check the TA before the study to be more confident as to the cause of any TA problems.

For this solo course there may be difficulty with the D of P interview, assist and 2WC steps. The key steps left are ensuring vitamin sufficiency and assessing section A of a C/S 53. You could alternatively use the front sheet from our version of the End of Endless Int Assessments form; it has the same Int buttons as the C/S 53 but allows you to go straight into the running if any of the buttons reads.

Note that once you have started auditing on the BTCC§2 itself, using a C/S 53 to handle a high TA is no longer acceptable. (ref: NOTs #18) You can, however, still do a C/S 53 on a BT. (ref: NOTs #39)

ⁱ 7310B19

Theory Study

The Tech at this level is considerably less certain than on the Expanded Clearing Course and BTCC§1. Firstly, we are intending this section to be done solo, whereas the original procedure is first audited (OT V; NOTs) and then done solo (OT VII; solo NOTs). Secondly, solo NOTs has been observed to go on for **years** without a definite product. And thirdly, as we progress up the Bridge there are fewer and fewer people who have made it that far. This means that less and less people have actually tried the auditing and we have less knowledge about case problems that may occur. Finally these levels are confidential so case discussion about individual experiences do not get shared, further restricting the available information.

Therefore we are taking the unusual action of **recommending** broader reading around the subject to give the lone explorer the best possible chance of finding their way through. It may be that one approach favours the particulars of your case better than another approach. It may also be that presenting several viewpoints of what should be the same material allows better duplication of the common factors. Another consideration is that misunderstandings in one presentation may not affect similar material in another presentation, improving the chance of understanding the material. In any case, by choosing the approach that interests you the most, you are more likely to succeed. At this level of the Bridge, simply validating your own ability is important.

The first step in the theory of this course is provided by lightly reading over the Advanced Ability Section V material by *David Mayo*. This gives a concise overview of where NOTs came from and some of the procedures.

The second step is to lightly read over the entire NOTs series of bulletins sequentially, excepting only the correction lists. At this stage you should just be trying to get a *feel* for what is going to be done rather than trying to study the material intently for application.

The third step is to lightly read over the tape transcripts of Tech Briefing #4 and #7 from *Bill Robertson*. Reading the entire Excalibur pack is not recommended.

You should do all the previous steps before continuing. The final step is to study the BTCC§2 materials carefully for application.

The techniques used in this section are based on, but not entirely the same as, the NOTs materials. Once you have started the auditing, and have a better reality on it, you should re-read the NOTs bulletins, the *Bill Robertson* briefings, and the BTCC§2 documents with a view to gaining a better understanding. This theory re-study can be done in between sessions and can be completed over a period of weeks. You should not stop auditing just to re-study the material.

Whilst the non-interference zone was a dangerous place to be, and you were strictly told to stick to the narrow path, the BTCC§2 is much more relaxed. The point is that you are no longer at risk if you look in the wrong direction and are now more causative over your case. Perhaps you are concerned that you still have “a case”. Well this was the point of mentioning in BTCC§1 that there was more work to do on BTs which will not respond to the BTCC§1 methods. Your case at this point on the Bridge is more accurately referred to as your 3rd dynamic case.

On the BTCC§1 you were being of service to those BTs that would quickly respond to auditing. They have been released and are now free to move on *if they so choose*. The BTCC§2 style of auditing is quite different. We are now dealing with two distinctly different types of entities. Firstly there are those who are so overwhelmed that many do not even know they are alive. These entities may have been acting as if they are body parts for millennia before Incident II

and therefore they would not respond to the techniques of BTCC§1. Secondly there are much more powerful entities who would not even bother to respond on BTCC§1. Having completed BTCC§1 you are now able to confront these powerful entities on a commanding basis.

Whilst we were dealing with hundreds of entities on BTCC§1, we are now dealing with thousands of entities on this section. In order for this activity to take a realistic amount of time (less than one lifetime) we need to utilise the faster techniques of BTCC§2 whilst still keeping our TRs in, following the Auditor's Code, and auditing with compassion.

You may recall the datum below, repeated from BTCC§1:

"Awareness is proportional to charge removed from the case".

We are now working on the new datum: **Entities block Theta perception**. In order to move on to full OT we need to improve direct Theta perception. Whilst it would be incorrect to say that "Awareness is **proportional** to entities removed from the case" it is certainly true that entities removed from the case will allow greater awareness – eventually.

Rather than thinking in terms of entities, let's consider a situation where your body is covered in a layer of glass marbles, 1cm in diameter, each glued to the skin and with each marble touching the neighbouring marbles. From inside the body it would be difficult to see out through these marbles, assuming the body itself were transparent (which it is for Theta perceptions). You could glue extra layers of marbles on top of the first layer and build up a great thickness of marbles. At this stage, removing one outer layer does not immediately restore Theta perception, but it does take you in the right direction.

The analogy breaks down when looked at in detail because the entities are not only on the surface of the body, they can also be inside the body or at some small distance from it (eg 2m). The entity can occupy the same space as a bone or a major organ since the entity only loosely interacts with ordinary matter.

You should now see how and why NED fails to resolve all bodily problems on all cases. If the problems stem from the pc's first dynamic case then it can resolve. If the problem is actually with an entity situated at some critical location in the pc's body then NED may not resolve the problem. This should not be considered as a "failed case". The problem here is "over-selling" the results of lower case actions.

There are two basic activities in this course.

- 1) Locate a contactable entity (BT or Cluster).
- 2) Release that entity.

That's it. That's the simplicity of the activity. You should realise that this is the same outline that we followed on the BTCC§1. Perhaps it is now clear why these auditing courses have been given a common name, but split into sections 1 and 2.

An important part of the BTCC§2 is **autonomy** rather than authority. If it says in these pages that a particular Listing question does not need to read, and that doesn't seem right to you, then do it how you feel is correct. Don't do it "our way" under protest. If your way works then great. If not then try it the other way. We are only interested in what works for you.

Perhaps the most important thing to mention is perfection – or lack of it. You are being asked to dive in to solo NOTs without months of drilling, star-rate checkouts, or anything. You have to

audit and C/S your own case. The point is that you can stop the session any time you hit a bog and go back to check your materials. Even if it takes a few days, or a week, to figure out what has gone wrong, it doesn't matter. Your case will naturally settle down in that time anyway and you will not have done any harm. It's important to realise this so you are not putting yourself under the stress of trying to be perfect and failing.

Session Procedure and Admin

The original OT V was an audited action, not least of which is the datum that solo cans do not work at this level. This was first mentioned in Class VIII lecture #11.ⁱⁱ It was later stated again in NOTs #19. Of course the Class VIII course was done using the Mk V E-meter. The Mk VI did not come out until ten years later (1978) and in fact was developed specifically to make Solo NOTs possible.

The BTCC§2 procedure has been designed for the lone individual to follow and the benefit of using two cans requires an adjustment to the solo auditing style. Specifically, it now becomes mandatory to use an E-meter having either an automatic tone arm ⁱⁱⁱ or a foot-activated TA reset switch.^{iv} The use of a footswitch is also recommended, even with an auto-TA meter. The point is that it is convenient to have the needle near set when assessing, when doing metab checks, and so forth.

Two-hand solo metering means that admin becomes problematic. In fact having reached BTCC§2, prior admin is potentially a liability anyway. We need to reconsider the purpose of the prior admin for the Grades and Expanded Clearing Course. Does it **now** have any value? Certainly it was essential at the time, but is it needed or wanted now? One concern is that it takes up considerable space. Another is that it presents a possible liability to you in terms of court action. Perhaps an angry spouse will get a court order to view the folders to show that you are mentally deranged for communicating with non-corporeal entities or to show you unfit to look after your own children. If the police ever search your home for any reason and find lists of Evil Purposes culled from FPRD sessions, or the folder summary, you will have a lot of explaining to do. Perhaps a burglar will find some juicy anecdote in a Grade II folder to embarrass or blackmail you with.

The point is that folders cannot be kept securely. Probably the best idea would be to electronically scan the folder contents and store them in a heavily encrypted file. But even that seems like a lot of work. Certainly destroying old folders potentially makes C/Sing difficult so it is a trade-off between security and possible case repair. Frankly folders that are many years old seem more of a liability than an asset. Is anyone seriously going to repair an ARC S/W session of 10 years ago by folder study?

Even *David Mayo*, formerly Senior C/S International in the Church of Scientology, has suggested in AAV #1 that using folders for case repair at this level is not as effective as just asking the pc. Therefore it is no longer required or even recommended that pc folders of prior grades be kept after the PreOT reaches this level.

ⁱⁱ 6810C07: transcript page 15 of 18

ⁱⁱⁱ The **Ability Meter 3A** is highly recommended for solo auditing on this course (and previous courses).

^{iv} The foot-switch effectively adjusts the TA position to return the needle to set.

Releasing an Entity

Like BTCC§1, this auditing is often done silently, directing attention onto specific areas in, on or near the body. The technique of running the entity through Incident 2 then INCIDENT 1, as used on BTCC§1, is seldom used on BTCC§2.

The primary method of releasing an entity on BTCC§2 is the Valence Process^v which is written out fully in a separate document, BTCC§2:VP. In summary we locate an entity which reads on the E-meter and ask it “What are you?” then “Who are you?”.

The key thing to realise on the “What are you?” question is that the entity can be being absolutely anything. There is no restriction to body parts or terminals. The entity could be being a picture, an object, a somatic, a significance, a thing, a molecule, a word, a phrase, a cliché, a void, nothingness, a planet and even cancer, as well as an ordinary body part. You have to also realise that the entity can be **doing** rather than **being**. So, for example, the entity could be **blocking**. It is not that it has a “goal to block” or that it is “being a block”. It is being far more literal than that; it is just blocking. Therefore you must accept and acknowledge *any* answer given and indicate the first reading item. Bizarre as it sounds, rather than expecting just nouns, you must also expect verbs and adjectives.

It is important to try to keep your TRs and Auditor’s Code in when acknowledging the response on the “What are you?” step. It is easy to go out-TRs and/or out-Code when the entity gives an answer such as “an injury”. Just recognise the difficulty that you will face and do the best you can in real sessions.

If the entity answers the “What are you?” question with “a **false arm?**” – and that reads – it would be wrong to indicate it this way, “Thank you. You are a **false arm.**” Clearly the entity is **not** a false arm; that is the valence it has assumed. Of course to respond with “You are **not** a false arm. What are you really?” would be a major Auditor’s Code violation. The correct indication is simply, “Thank you. You are **being a false arm.**”

The entity could be released (blow) at any step in the procedure, as evidenced by a TA blowdown with VGIs. Make sure you then acknowledge the entity and check for copies in that area.

Auditing Session Technique

You may find the first few sessions a little difficult as the procedure is not something you will be used to. The total lack of admin means you have no worksheet to keep your place for you and to act as a memory aid.

It is important to still follow your standard solo Model Session to start the session; a solo model session checklist has been provided specifically for this section of the BTCC. This has the same content as the pre-printed session worksheets used on earlier courses, but is formatted with a bigger font since you will not be writing on it. You can use the same sheet time and time again.

Ending the session can be done immediately on an F/N with VGIs after a BD. There is no absolute requirement for an F/N and one definitely should not use “Say or Ask” before ending any session on this course.

There is a very definite rule for speaking out loud or silently projecting a thought on this course. If you want to communicate with all entities throughout the body then you speak out loud. When

^v NOTs #7 and #47

you have a specific location that you wish to address then you must use silent projection. Using too wide a projection / attention span will unnecessarily stir up other entities and you will then be giving other locations wrong items and indications. The net result will be a high TA and fewer or no F/Ns. Therefore you should expect that initially you may have a high TA and lack of F/Ns due to over-restimulation. But as you take charge off the case and get better at directing / projecting your attention things will improve.

Do not drill any part of the BTCC§2 procedure. You will just stir up and bypass entities. Get sessionable then go into session and get on with it. Don't expect to be perfect on the procedure and don't worry about that. Just by doing it you will get better. You do not have to remember the auditing commands and procedure. It is recommended that you print out the Valence Process pages 2 and 3 and put them into a ring folder held in a book stand so that you can just read the process steps off as you do them. The rudiments sheet, correction lists etc are also printed out and brought into view as necessary.

BTCC§2 auditing can be FAST! In fact it would slow you down having an auditor in the communication path. The idea is to get into session, blow some charge, and get out again quickly. If your hands feel dry before you pick up the cans then by all means put on some hand cream. Do not pick up the cans, see the TA is high and *then* decide you need hand cream to bring down an unreasonably high TA. Having first read all this material the TA is very likely to be high (>3.0). There is restimulated charge available right now and you are busy reading rather than handling it.

If the needle is not floating at the start of session you do not have to do anything about it. Just find and release an entity. However, if you **feel** out-ruds then follow the instructions on the dedicated BTCC§2:A2 rudiments sheet.

In the early stages of this course there will be far more charge restimulated than you can readily blow all at once. This will make the TA high. Therefore when the procedure says to release the entity, ideally with a BD VGIs F/N, the F/N may be masked by the speed of the blow and restimulated charge from other entities around the body. It would be a mistake to invalidate the BD VGIs blow that just occurred by hunting around trying to force an F/N. Don't worry – you will get there after you take enough of the other available charge off. Ideally the TA will come down session by session, but this is not guaranteed. It is all too easy to stir up entities between sessions.

Possibly the most important part of the auditing is the Granting of Beingness. When you ask the "What are you?" question you are typically expecting the entity to be in a non-living state of existence. Then when you ask it "Who are you?", whilst Granting it Beingness, you bring it up-Tone to awareness of itself. It needs your energy to come back to life. Without wishing to give you delusions of Power, you could be considered to be literally bringing these entities back to life and freeing them from an eternity of nothingness. Perhaps you can now understand why both auditor training and experience are mandatory for these courses.

This course can require a great deal more two-way communication than previous courses. The point is that you are dealing with beings who have, in some cases, been cut off from all communication for inconceivable amounts of time. They may need to be given an R-Factor concerning their state and given the choice of continuing to play the game of being what they are being, or going off and finding a more interesting game. We are **releasing** not **evicting** entities.

Tiredness can be a major factor in sessions. Even a 15 minute session can drain you so much that you are better off ending the session on a TA blowdown with VGIs rather than trying to continue.

Handling Groups

NOTs #5 states that the **only** reason a cluster hangs together is because of a misconception over time, place form or event. This statement needs revision such that misconception is one reason why a cluster hangs together. Clearly Groups also stick together for common protection, having at least some common goals.

A group of individuals who died at the same time can often stick together if the cause of their death was something catastrophic like an explosion, especially if they had a chance to communicate as they were about to die.

This type of death is not uncommon when you look over a Thetan's time-track, which is obviously well in excess of hundreds of thousands of millions of years. Suppose a bomb is about to explode and all those present know they have only seconds to live. The leader gets them to hold hands and pray together. There must be dozens of different examples including plane crashes, submarine crashes, plagues, spaceships burning up in the atmosphere, and so forth. The common factor is death from the same cause with enough time to know that you and the others are about to die, and then taking comfort from not dying alone.

The group will typically be stuck in the incident, but this will not always show up by response to the location and date questions. It may help initially to find the leader, if there is one, and ask for a count of the number of individuals in the group. Don't attempt any sort of meter assistance on the head count, just take any answer given.

Think in terms of a Group rather than a Cluster because the concept is easier to get across. Run the Group through the common incident using Effort Processing as described in BTCC§1 section on Running Incidents. Obviously a Group is just a special type of Cluster.

A slightly different type of Group is simply a Team. Entities can cling together with common goals, forming a support network for each other. In this case there may be no common incident to run. The Team may simply take in stragglers out of compassion. Imagine walking down a road and seeing a one week old fluffy kitten shivering in the cold on its own. What sort of heartless monster would just walk on by?

Shell BTs

Earlier in this document BTs were likened to marbles, and indeed many can be like that. However the size and shape of entities is not permanently fixed. They can expand or contract depending on external pressures and charge.^{vi}

The definition of a Shell BT is a BT which surrounds the PreOT's body.^{vii} That's quite a bit bigger than a marble and yet no such BTs were found on BTCC§1. One might therefore assume one of two possibilities:

- (1) The Shell BT was there all the time but was somehow sufficiently thin and transparent that it could be looked through, and audited through, without being noticed.
- (2) The Shell BT used to be smaller, but the removal of so many other entities on the BTCC§1 and earlier parts of BTCC§2 has released it and allowed it to expand to fill a larger space.

Of course the distinction between these two mechanisms is only of academic interest because once a Shell BT makes its presence felt it must be handled as a priority. Failing to do so will bog future sessions as the TA will rise and other entities will be difficult if not impossible to release through the Shell.

It may be more convenient to think of BTs in terms of small 1cm diameter balloons initially. When the pressure around them is reduced they automatically expand, much like a Weather Balloon expands as it rises to less dense regions of the atmosphere.

Handling the Parts of BTCC§2 to EP

At the start of every session you have a quick decision process to go through to know what to handle first.

Each of these steps has its own specific handlings, written out on their own sheets and labelled as follows:

- A1** Current strong undesirable physical sensation (pain, ache, rash etc).
- A2** Feeling out-Ruds (moody, grumpy, irritable, angry, upset).
- A3** Recent between-session somatic location
- A4** TA position is high (>3.0).

NOTE: Whilst on the Grades the ruds are not put in when the TA is out of range, at this level every problem is attributed to entities in restimulation and ruds *can* be done first. Thank goodness, because when you first start on the BTCC§2 it is quite possible for you to spend several weeks, or even months, on step **A4** trying to get the TA into range. Basically, many auditing errors and many restimulations in life are capable of giving a high TA.

^{vi} NOTs #17 and #32

^{vii} NOTs #1

Hopefully as you progress through this rundown the time spent with an out-of-range tone arm will reduce, but don't be too upset if the TA keeps going out of range between sessions.

If you remember the procedure on BTCC§1, fleeting somatics were used as indicators of possible entity locations. This is still true on BTCC§2. A weak entity may have just enough strength to create a temporary somatic to attract your attention. It is screaming out "HERE! HERE!" and being ignored. It may be useful to keep a track of even fleeting itches, pains, pressures and tingles in case they are such a call for attention. You obviously can't do this in session, due to the lack of available hands; putting the cans down to write is just not workable.

At the end of the session, which should be short anyway, you can note any locations that you happen to remember. Likewise record between-session somatic locations when it is convenient to do so. (There is no need to go to extremes and carry a notepad around with you in case you happen to get a somatic when at work!) These somatic locations can then be checked at the point **A3** in the list above.

For every session the **A** steps above are used when necessary. Next we use the **B** steps to find an entity to handle using the Valence Process. This can be done in one of three ways:

- 1) Pick a random location in, on or near your body and silently project "HELLO" at it.
- 2) Pick a location systematically in, on, or near your body by starting somewhere and moving the point of attention in some definite pattern until you get a read on either the location or on silently projecting a "HELLO" at that location.
- 3) Use any of the step **B** prepared lists to get a read on an entity being something then find the entity which is being that item.

The reasoning behind this is as follows: Picking a location "at random" is anything but random. Your attention will naturally tend to be drawn to a contactable entity. That doesn't mean that every location you pick will have a contactable entity there, but the probability will just be higher than random chance would indicate. Thus this first method is actually quite good. The second method is more systematic and is a useful way to thoroughly clean up all locations. The third method picks definite categories of entity which it would be **very** harmful to miss.

There is no definite sequence required on step **B**. Typically a gradient would consist of picking random locations on the surface of the body, followed by random locations within the body, followed by random locations around the body. But "guesswork" and "intuition" are shadows of the ability to perceive; they should be interpreted and used as such. If you are working on checking the surface of the body at random, but during a session feel like checking at some distance from the body then just do it! If picking random locations starts getting boring then try the **B** lists. You can use the lists in any order and you can check them as many times as necessary to ensure that each list is **totally** null.

The step **C** processes require significantly more skill than the step **B** processes. Step **C2**, for example, is literally done blindfolded. It is therefore necessary to know the Valence Process steps without reading them off the process sheet. This familiarity is best attained by running the process rather than by just trying to memorise the steps. You also need to do a significant amount of auditing on the **B** processes in order to build you up mentally to deal with the stronger entities you will find on step **C1**. It is not necessary to be totally flat on step **B** before tackling step **C**. If step **B** is dragging a bit then by all means try parts **C1** and/or **C2**. In any case after any session on **C2** you must then do one or more sessions on step **B** to ensure there is no build up of bypassed entities.

Likewise it is sensible after completing each of the **B** lists to “look” around the body checking for missed entities. You could do this by directing the thought “Anyone missed?” into a small area and moving this attention area around the body whilst looking for a meter reaction.

Of course you may get bogged and be unable to resolve the problem. In many respects the best procedure is just to wait a few days or a week, study as many NOTs bulletins as you can in that time, get very sessionable, and try again. If the problem is still not resolved then you may have to consider finding a trained OT repair auditor to patch up your case enough to get you going again.

Whilst the BTCC§2 is most certainly not a general cure for cancer, it is quite possible that some cancers are actually caused by entities that could be handled by the methods given here. By the same reasoning, a badly run BTCC could, in theory, stimulate one of these entities to effectively create a cancer that might otherwise not have occurred. It also seems possible that cancerous groups of cells could be being created and destroyed all the time within a body. Interrupting the self-curing process might then lead to a significant problem.

Restimulation of Entities

On BTCC§1 the presence of somatics was used as a flag to check for the presence of an entity seeking attention. This can also happen on BTCC§2 but a much more problematic type of cry for attention can now occur. You have read that a NOTs BT can be being anything, but that may not mean much to you at the moment. A few examples will help bring this point into its proper importance.

If the BT is being “a broken arm”, and this BT is restimulated, you can expect to have physical problems with your arm. The BT is quite literal about what it is or does. When awakened it can only be what it thinks it is.

If a BT is being “lifeless” and is partially awoken, this lifeless feeling can have a strong effect on your body. Needless to say your sessionability can be adversely affected. If you are feeling unreasonably unsessionable you may have to compromise the model session question about tiredness in order to handle the restimulated BT as an out-rudiment.

Initially you may get close to the correct wording on the rudiment question – close enough to get a read. Then when you find the entity’s location you can perhaps get a better wording. Remember that the entity will have been being this particular item for a very long time – but not in English or whatever your first language is. You therefore approximate what it is being when Listing for it. A close enough match will read, and the closer the match the larger the read.

When you think about it, there are an awful lot of words or phrases that an entity could be being which could have a very bad effect on your mental and physical well-being. If you have had prior incidents of attempted suicide and you happen to trigger a BT being “suicidal” that might not end well.

Those last few paragraphs should not be over-emphasised. Severe restimulation is not necessarily a common occurrence. But you should be prepared to notice if you suddenly feel bad for no apparent reason and you should get into session and check it out as soon as possible. The **B** lists have a few of these “bad words” written out, but obviously not enough to cover every eventuality. Getting the **B** lists totally flat is necessary but not sufficient.

Again the **B** lists have some words which may read. When you get onto the Valence Process it is still necessary to List for what the entity is since the **B** list word may have been close, but not as close as it could be.

End Phenomena

The EP for this course is...^{viii}

“A transparent body which does not interfere with the sight of the Thetan”

with VGIs and the TA in range, having had at least an adequate amount of case gain.

Whilst the ideal scene has the body free from unwanted sensations, pains and pressures, this target may not be achievable. The body can be so damaged that it is not repairable using auditing alone. For example, joints in the body can be damaged such that bone rubs on bone. That hurts! Having rid the body of contra-survival entities on this course, and contra-survival intentions on Grades, FPRD and NED auditing, ***the body is given the best possible chance to recover***. However, this may be too late if the damage has been going on for years.

There are also such things as genetic defects, congenital defects, and serious illnesses such as polio which auditing cannot be expected to handle.

It is not at all clear how many solo NOTs completions^{ix} have actually achieved the above EP. The feeling is that many, or even most, have attested to it on the basis of “suggestible ability” or just the need to complete the level for financial reasons. Premature attestation is particularly easy given the lack of objective testing of results for all the OT levels and the overwhelming pressure of exorbitant costs making the finishing of the course highly desirable, especially after years of struggle and 6 monthly “checkups” at Flag costing thousands upon thousands of dollars.

^{viii} NOTs #27

^{ix} people who have attested to completing solo NOTs (OT VII)

Spiritual Orientation

Truth should be universal and not some locally agreed upon thing. For many people spirituality involves meditation, communing with spirits, communing with Chakra, avoiding the “temptations of the flesh”, a non-restimulative contemplative environment, and so forth. These different practices all have some degree of workability and therefore some truth. By now we should be able to look at some of them and relate our truths to theirs. There must surely be some common ground.

You are in charge of your body and yet in other practices Chakra seem to be more spiritually aware than you were before you started on this course. That doesn't seem reasonable. Surely the most able beings would get the best job – namely being in charge of the body. Facts at this level are hard to come by. This final page is therefore one possible explanation.

Other practices have demons, possessions, exorcisms, “voices in the head” and split personalities. These are all readily explainable in terms of the entities found on this level and the BTCC§1.

You are in charge of the day to day living in your body. You get the pleasure, and the pain, and are working on a daily basis to both increase the pleasure and reduce the pain. And you are having to serve the body's needs in terms of supplying food and water, providing exercise, expelling waste products and having sex, as well as accumulating wealth and possessions and so forth. In mystic and spiritual circles these might be considered base^x needs and desires. Indeed some groups specialise in denying themselves luxuries in order to reach greater spiritual heights.

Clearly we do not follow such practices as abstinence, celibacy, or asceticism. These seem to be dead ends as we feel such practices are just not confronting what is there. Nevertheless it is possible that we are “spiritually tarnished” by getting our pleasures from the body. Hopefully, at a high enough case state, we will attain pleasure and sensation without the need of a body and at this time we can refrain from the more base bodily practices.

The point is that the Chakra are probably isolated from bodily indulgences. They are therefore less spiritually tarnished such that people contacting their own Chakra can find luminous ancient beings of great wisdom. The very least goal we should therefore aspire to is being more spiritually aware than any of our Chakra.

^x (1) selfish and cowardly; morally low or mean
 (2) having little value when compared to something else
 (5) debased; counterfeit.