

## THE TOCKY GPM

The “sun” swings across the front from left to right after each item and gives a read.

*Say the phrase out aloud, spot the sun swing, spot the thetan, and say the phrase aloud whilst spotting the thetan. Do these in whichever way most easily produces reads.*

- 01 **CREATE** [sun swing] & spot the thetan \_\_\_\_\_  
**CREATE NO** [sun swing] & spot the thetan \_\_\_\_\_  
**CREATE** [sun swing] , **CREATE NO** [sun swing] & spot the thetan \_\_\_\_\_
- 02 **ABIDE** [sun swing] & spot the thetan \_\_\_\_\_  
**ABIDE NO** [sun swing] & spot the thetan \_\_\_\_\_  
**ABIDE** [sun swing] , **ABIDE NO** [sun swing] & spot the thetan \_\_\_\_\_
- 03 **ENJOY** [sun swing] & spot the thetan \_\_\_\_\_  
**ENJOY NO** [sun swing] & spot the thetan \_\_\_\_\_  
**ENJOY** [sun swing] , **ENJOY NO** [sun swing] & spot the thetan \_\_\_\_\_
- 04 **WELCOME** [sun swing] & spot the thetan \_\_\_\_\_  
**WELCOME NO** [sun swing] & spot the thetan \_\_\_\_\_  
**WELCOME** [sun swing] , **WELCOME NO** [sun swing] & spot the thetan \_\_\_\_\_
- 05 **SHARE** [sun swing] & spot the thetan \_\_\_\_\_  
**SHARE NO** [sun swing] & spot the thetan \_\_\_\_\_  
**SHARE** [sun swing] , **SHARE NO** [sun swing] & spot the thetan \_\_\_\_\_
- 06 **KEEP** [sun swing] & spot the thetan \_\_\_\_\_  
**KEEP NO** [sun swing] & spot the thetan \_\_\_\_\_  
**KEEP** [sun swing] , **KEEP NO** [sun swing] & spot the thetan \_\_\_\_\_
- 07 **HOLD** [sun swing] & spot the thetan \_\_\_\_\_  
**HOLD NO** [sun swing] & spot the thetan \_\_\_\_\_  
**HOLD** [sun swing] , **HOLD NO** [sun swing] & spot the thetan \_\_\_\_\_
- 08 **EXPLOIT** [sun swing] & spot the thetan \_\_\_\_\_  
**EXPLOIT NO** [sun swing] & spot the thetan \_\_\_\_\_  
**EXPLOIT** [sun swing] , **EXPLOIT NO** [sun swing] & spot the thetan \_\_\_\_\_
- 09 **DEPLORE** [sun swing] & spot the thetan \_\_\_\_\_  
**DEPLORE NO** [sun swing] & spot the thetan \_\_\_\_\_  
**DEPLORE** [sun swing] , **DEPLORE NO** [sun swing] & spot the thetan \_\_\_\_\_
- 10 **SKIP** [sun swing] & spot the thetan \_\_\_\_\_  
**SKIP NO** [sun swing] & spot the thetan \_\_\_\_\_  
**SKIP** [sun swing] , **SKIP NO** [sun swing] & spot the thetan \_\_\_\_\_

**11 CONTINUE** [sun swing] & spot the thetan \_\_\_\_\_  
**CONTINUE NO** [sun swing] & spot the thetan \_\_\_\_\_  
**CONTINUE** [sun swing] , **CONTINUE NO** [sun swing] & spot the thetan \_\_\_\_\_

**12 FORGET** [sun swing] & spot the thetan \_\_\_\_\_  
**FORGET NO** [sun swing] & spot the thetan \_\_\_\_\_  
**FORGET** [sun swing] , **FORGET NO** [sun swing] & spot the thetan \_\_\_\_\_

*In this last section, the phrases may either read on their own, or together, or both. Just flatten any charge there.*

**13 “THAT’S WHAT YOU GET FOR MAKING THIS UNIVERSE.”**  
& spot the thetan \_\_\_\_\_  
**“GET OUT!”** & spot the thetan \_\_\_\_\_  
**“THAT’S WHAT YOU GET FOR MAKING THIS UNIVERSE.” , “GET OUT!”**  
& spot the thetan \_\_\_\_\_