

REHAB: worksheet

PROCESS / ACTION BEING REHABBED _____

Time _____ TA _____

01. Test the appropriate question below for read, using suppress and invalidate buttons if unreading ...

- a) **Has a release point been bypassed on** (*process*) _____ ? _____
 b) **Have we bypassed a release point on this process** ? _____
 c) **Did you go release on** (*drug*) _____ ? _____

If reading, ask the pc the question. If the pc says they did go release, indicate the BPC. For example if using question **b** one could say "I'd like to indicate we bypassed a release point on this process."

If at any point during the steps below, the pc F/Ns with GIs, the rehab is complete.

02. If no read at #1, but the pc originates they were released on it, check ...

On that release, has anything been Asserted? _____
If "asserted" reads, don't check protested.

On that release, has anything been Protested? _____
If either question reads, get what the pc has to say and indicate the BPC as in #1.

03. If there is no read up to this point then **do not continue the rehab**. It is safest to run Havingness, end the session, and return the folder to the C/S.

04. Ask the pc ...

How many times were you released on (process) / (drug) _____ [this process]?
There is no need to check it for read.

If the number of times reads when the pc says it, indicate it: eg

"I'd like to indicate you were released on (...) [three] times."

05. If the pc is unsure get him/her to count them out aloud. It is acceptable to help the pc with the meter, but do this as a last resort. **"Were you released on (...) once? Twice? Three times?"** The correct number will read and should be indicated to the pc.

06. If the pc was released more than once, ask ...

"Which of those release points was the most real to you?"
 or

"Which of those release points gave you the biggest win?"

07. Get when the release point occurred and check

"At that time, was anything suppressed?" _____

"At that time, was anything invalidated?" _____

"At that time, was anything unacknowledged?" _____

Take up any reading question, as it reads. One answer per reading-question is all that is necessary. (*This is not a prepcheck.*) Indicate any BPC found.

08. Ask the pc : **"At that time, what was the key-in that keyed out?"**

09. Ask the pc: **"What later keyed-in to end that release state?"**

10. Get when the later key-in occurred and check

"At that time, was anything suppressed?" _____

"At that time, was anything invalidated?" _____

"At that time, was anything unacknowledged?" _____

Take up any reading question, as it reads. One answer per reading-question is all that is necessary. (*This is not a prepcheck.*) Indicate any BPC found.

11. Get the pc to alternately look at the point of release and the point of later key-in using light, gentle itsa.

12. If the pc still hasn't F/Ned by this point, something is **badly** wrong with the session, the rudiments or the auditor. Run Havingness, end the session, and return the folder to the C/S.